



NCCP Instruction Beginner

CanSkate Coach Pathway

PRE-REQUISITES

- Be a Skate Canada registrant
 - Be minimum 16 years of age
 - Passed at least one complete STAR 5 Assessment*
- *If you do not meet this requirement please contact your Section Course Administrator

REGISTERED PROFESSIONAL COACH, IN GOOD STANDING

- Registered for the current season
- NCCP status (renewed when certified)
- Valid First Aid
- Clear Screening
- Skate Canada's Code of Ethics
- Respect in Sport Training

COACHES HAVE THREE YEARS FROM THE DATE OF THE IN-TRAINING COURSE TO BECOME CANSKATE COACH CERTIFIED

Skate Canada eLearning

- CanSkate Coach Pre-Course

CanSkate Coach In-training Course

(3-day course)

- How to teach
- How to deliver CanSkate
- Putting it all together

*Upon completion of the CanSkate Course, coaches are eligible to teach the CanSkate Program. Prior to doing so, coaches must be registered and in good standing with Skate Canada.

CanSkate Coach In-training

Coaching Association of Canada

Multi-Sport Training

Multi-sport training is offered by Provincial and Territory Coaching Representatives

- Make Ethical Decisions
- Planning a Practice
- Teaching and Learning
- Coaching Athletes with a Disability

CanSkate Coach Trained

CanSkate Coach Certified Portfolio

Includes the following components:

- Mentorship Interview with Evaluator
- Your coaching philosophy
- Your coaching goals
- Skater development philosophy
- Session observation
- Emergency Action Plan
- Submission of two CanSkate lessons
- Submit a warm up, group activity and cool down plan
- Completion of the Make Ethical Decisions online evaluation

A certified status is achieved upon successful completion of the CanSkate Coach Certified Portfolio. Maintenance of Certification will apply with a certified status (6 points/ 3-year cycle)

CanSkate Coach Certified



CanSkate Coach Pathway

All aspiring Skate Canada coaches begin NCCP training at the Learn to Skate level teaching Skate Canada's flagship program, CanSkate. The coach pathway is represented below. CanSkate Coaches are only eligible to coach the CanSkate Program.

Certification Deadline

Coaches have three years to certify as a CanSkate coach

Pre-Requisites

- Must be a Skate Canada registrant
- Must be at least 16 years of age
- Must have passed one complete STAR 5 assessment
 - If you do not meet this requirement, please contact your Section Course Administrator for further details on how to take the Club Coach: CanSkate course.

In-Training Status

- Successfully complete the CanSkate Coach Pre-Course Training Module.
- Attend the three-day course including:
 - Successfully pass the on-ice assessment
 - Successfully complete all in-class assignments

Prior to attending the CanSkate course, participants are asked to complete an online pre-course through Skate Canada's eLearning site. This prepares candidates with a base level of knowledge leading into the course. The 3-day CanSkate course introduces participants to the basics of coaching, which includes an introduction to Long Term Athlete Development, Teaching and Learning, Communication, Biomechanics, and all components of the CanSkate program. Throughout this course, candidates will partake in an interactive learning environment and will reflect on their experiences as a skater and how they can transition into a coach role. Based on the following learning objectives, the CanSkate course will prepare coaches to:

- Recognize factors that affect learning and relate to the Learn to Skate athlete.
- Relate CanSkate skills to the four biomechanical principles introduced.
- Evaluate CanSkate Skills- recognize errors and strategies to correct the error.
- Identify all components of a CanSkate program and can lead a program with confidence.

CanSkate Coach Course Information



The CanSkate course is scheduled and delivered by each Section individually. Frequency of courses are offered by demand. Please refer to your Section website.

CanSkate pre-course fee: free

CanSkate course fee: varies by Section

Trained Status

CanSkate coaches will earn a Trained status once they have completed the 3-day coach course and have completed these four multi-sport courses and Locker eLearning:

- Making Ethical Decisions (multi-sport course)
- Planning a Practice (multi-sport course)
- Teaching and Learning (multi-sport course)
- Coaching Athletes with a Disability (Locker eLearning)

Multi-sport Course Information & Locker eLearning

All multi-sport training is offered in partnership with the Coaching Association of Canada through Provincial and Territorial Coaching Representatives. [Click here](#) for more information. Locker eLearning is available through your [Locker profile](#).

- Multi-sport course fee: varies by province/territory

Certified Status

- Must be a registered Skate Canada Coach, in good standing.

The CanSkate Certified Evaluation Portfolio provides a platform for coaches to display their ability to coach at the Learn to Skate level. Coaches are encouraged to gain some experience coaching CanSkate or mentor with another coach prior to submitting this portfolio. To assist with coach development, the portfolio consists of the following components:

- Mentorship interview with evaluator
- Coaching philosophy
- Coaching goals
- Skater development philosophy
- Session observations
- Emergency Action Plan (EAP)



- Submission of two technical video lessons at the CanSkate level
- Warm-up, group activity, cool down plan
- Make Ethical Decisions online evaluation

Becoming a Certified CanSkate Coach

- When ready to complete the certification process, coaches must enroll in “CanSkate Coach Certified Evaluation Portfolio” through the eLearning site.
 - Log into Skate Canada Membership site
 - Click eLearning on the top bar
 - Click All Courses
 - Click on National Coaching Certification Program (NCCP)
 - CanSkate Coach Certified Evaluation Portfolio
- Enroll: You will be prompted to pay an \$105 evaluation fee* prior to entry
 - *Please note, this fee is non-refundable. Coaches should enroll in this course only when they are prepared to finish the portfolio in a timely manner (within maximum 2 months of enrolling).

Upon enrollment, the following events will take place:

- Coach will be assigned an evaluator by Skate Canada
- The Evaluator will set up a time with the coach to review the portfolio (pre-brief conversation)
- The coach will complete the portfolio requirements and notify the evaluator.
 - Ensure portfolio is in fillable Portfolio Template
 - Submit for marking (within 2-months)
- The Evaluator will review the portfolio
 - Please allow 4-weeks for marking
- The Evaluator will schedule a time with the coach to review the portfolio as well as create an action plan (debrief). The action plan may include additional professional development activities such as eLearning, resubmission of lessons, mentor coach lessons etc.